| Curriculum  Year Group | Autumn 1 | | Autumn 2 | Spring 1 | | Spring 2 | | | Summer 1 | | Summer 2 | |
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| Class 1  YN and YR  Cycle Blue | Dance-  Ourselves | Dance-    Nursery Rhymes | Gymnastics | Locomotion:  Walking and jumping | | Ball Skills  Hands 1 | | | Ball Skills Feet | | Games for Understanding | |
| Cycle Orange | Dance-  Dinosaurs | Dance- Nursery Rhymes | Gymnastics | Locomotion:  Walking and jumping | | Ball Skills  Hands 2 | | | Ball Skills Feet | | Games for Understanding | |
| Class 2  Y1 and Y2  Cycle Blue | Dance | | Gymnastics | Locomotion:  Running | Locomotion:  Jumping (Y1) | Ball Skills  Hands (Y1) | | | Ball Skills  Feet (Y1) | | Games for Understanding (Y1) | |
| Cycle Orange | Dance | | Gymnastics | Locomotion:  Dodging | Locomotion:  Jumping (Y2) | Ball Skills  Hands (Y2) | | | Ball Skills  Feet (Y2) | | Games for Understanding (Y2) | |
| Class 3  Y3 and Y4  Cycle Blue | Dance | | Gymnastics | Invasion Games | Net/wall | Invasion Games | | Striking and Fielding | Athletics (Y3) | Running (Y3) | Throwing and jumping (Y3) | Competitions  (Y3) |
| Cycle Orange | Dance | | Gymnastics | Invasion Games | Net/wall  Games | Invasion Games | | Striking and Fielding | Athletics (Y4) | Running (Y4) | Throwing and jumping (Y4) | Competitions (Y4) |
| Class 4  Y5 and Y6  Cycle Blue | Dance | | Gymnastics | Invasion Games | Net/wall  Games | Invasion Games | | Striking and Fielding | Throwing and jumping (Y5) | | Athletics (Y5) | Competitions (Y5) |
| Cycle Orange | Dance | | Gymnastics | Invasion Games | Net/wall Games | Invasion Games | Striking and Fielding | | Throwing and jumping (Y6) | | Athletics (Y6) | Running (Y6) |