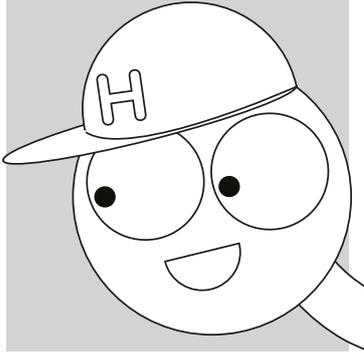
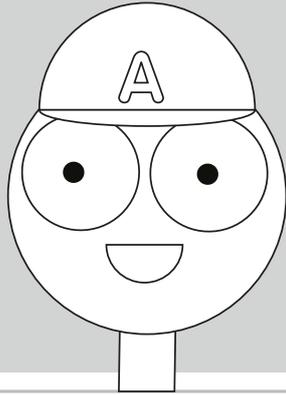




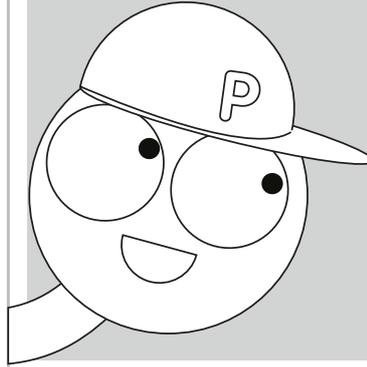
Hippocampus



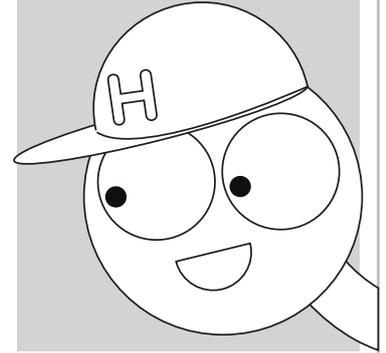
Amygdala



Prefrontal cortex



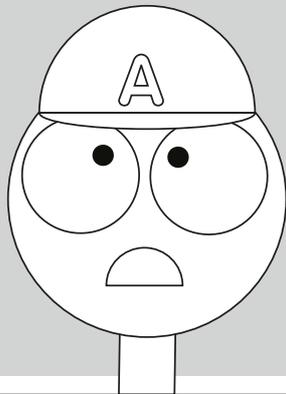
Hippocampus



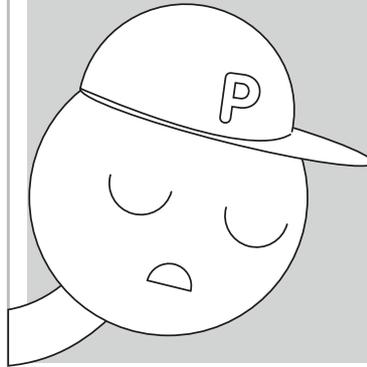
Hippocampus



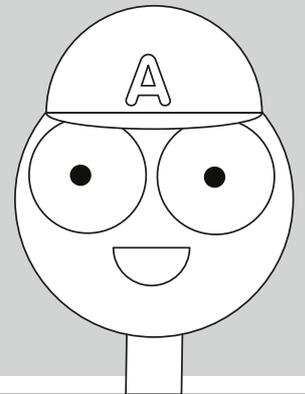
Amygdala



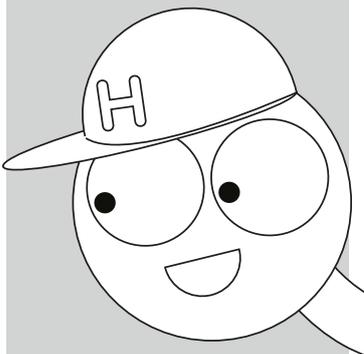
Prefrontal cortex



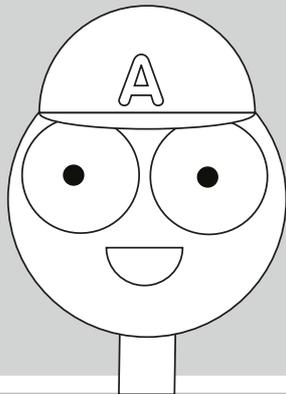
Amygdala



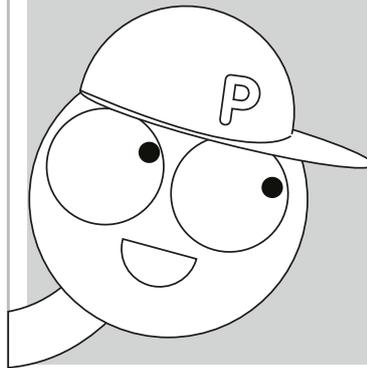
Hippocampus



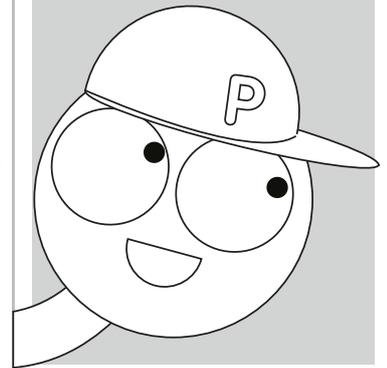
Amygdala



Prefrontal cortex



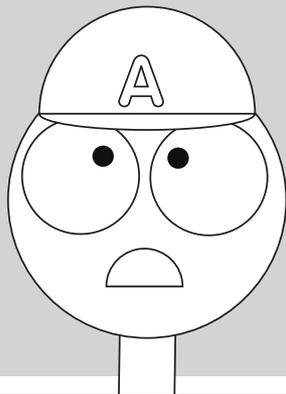
Prefrontal cortex



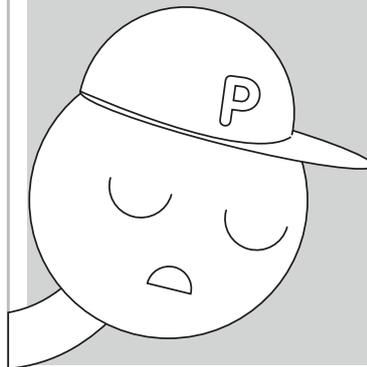
Hippocampus



Amygdala



Prefrontal cortex



**Team H-A-P Snap
How to play - part 1**

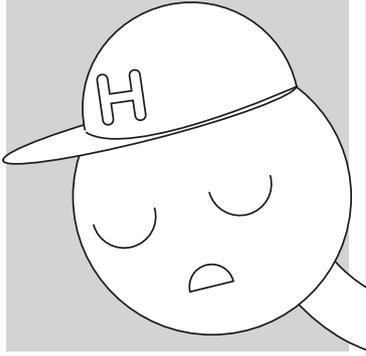
Print out the cards and cut them out.

Separate them into three piles: one of the Hippocampus, one of the Amygdala, one of the Prefrontal cortex cards.

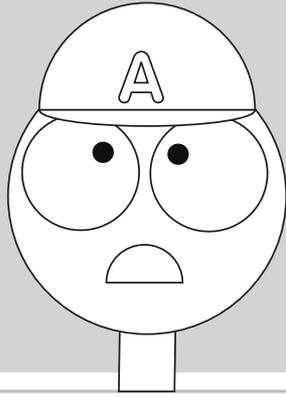
You will notice that the cards show the Hippocampus and Prefrontal cortex as either awake and happy, or asleep. The Amygdala is either happy, or panicking!



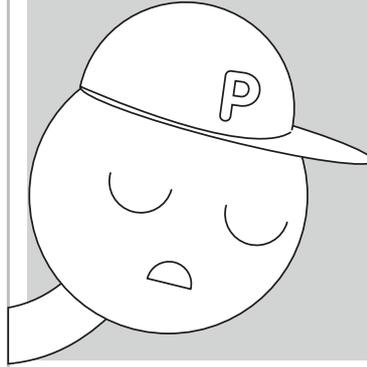
Hippocampus



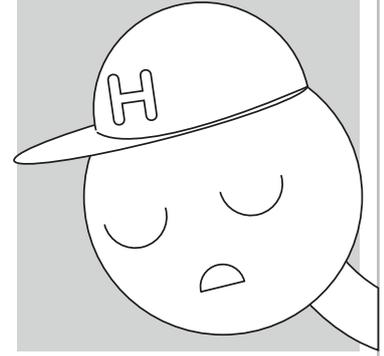
Amygdala



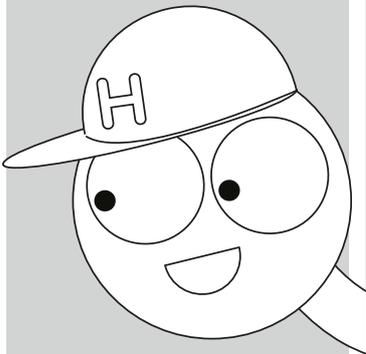
Prefrontal cortex



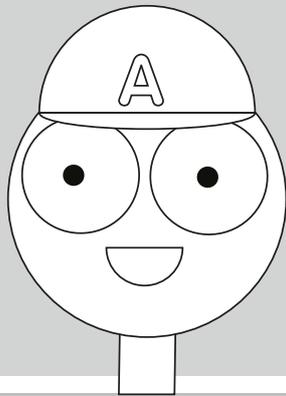
Hippocampus



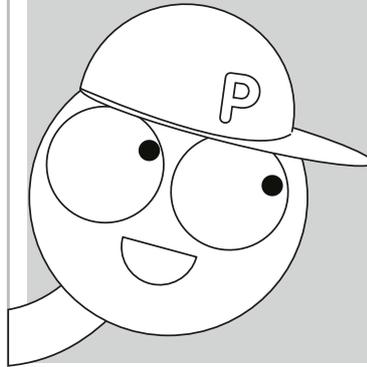
Hippocampus



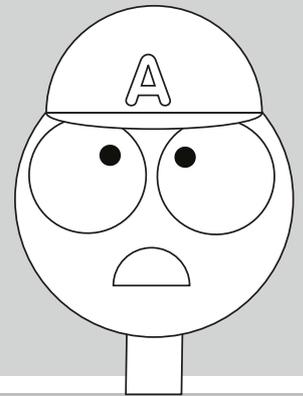
Amygdala



Prefrontal cortex



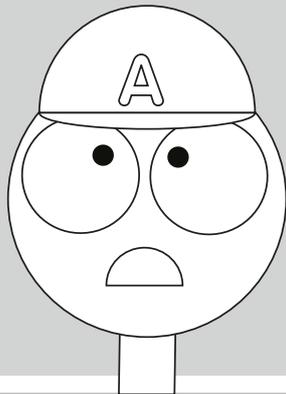
Amygdala



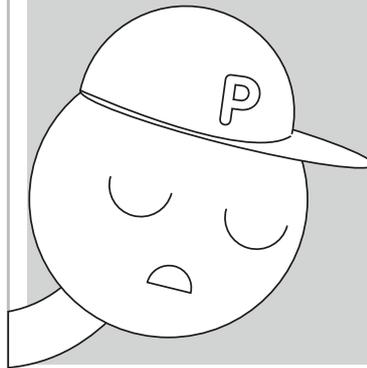
Hippocampus



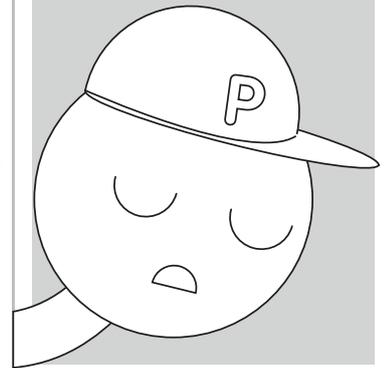
Amygdala



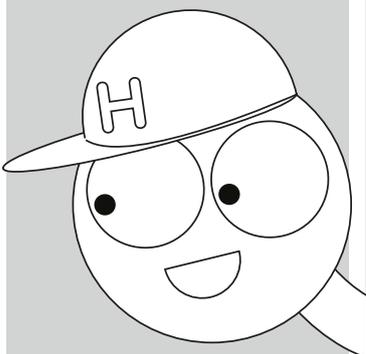
Prefrontal cortex



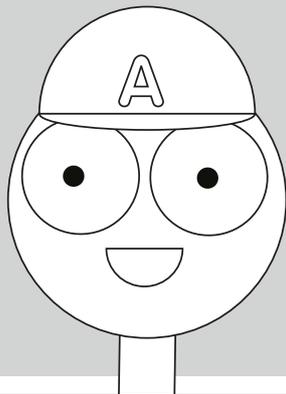
Prefrontal cortex



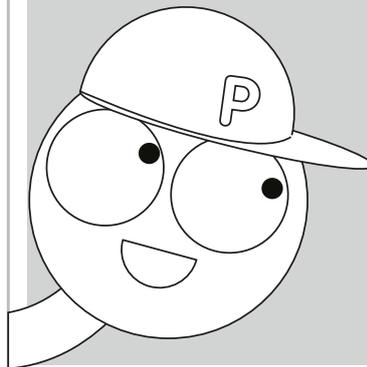
Hippocampus



Amygdala



Prefrontal cortex



**Team H-A-P Snap
How to play - part 2**

Put the three stacks of cards somewhere so that your child can't see what cards are coming next. Have your child watch the cards as you deal them onto the table in three piles, Hippocampus on the left, Anygdala in the middle, Prefrontal cortex on the right.

Tell your child to call out 'Team H-A-P Snap!' if they see three faces together that show either Team H-A-P all awake and happy, or with the Hippocampus & Prefrontal cortex asleep whilst the Amygdala is panicking!



			<p>Design your own Team H-A-P Game!</p> <p>See if you can design your own game that shows Team H-A-P, and what happens when the Hippocampus and Prefrontal cortex go to sleep.</p> <p>You can use these blank cards, or do something completely different, like a board game.</p> <p>You don't have to use our Team H-A-P. Use your own design from the previous activity if you prefer!</p> <p>Why not share your game with us on social media?</p>