| CurriculumYear Group | Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
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| Class 1YN and YRCycle Blue | Dance-Ourselves | Dance- Nursery Rhymes | Gymnastics | Locomotion:Walking and jumping | Ball Skills Hands 1 | Ball Skills Feet | Games for Understanding |
| Cycle Orange | Dance-Dinosaurs | Dance- Nursery Rhymes | Gymnastics | Locomotion:Walking and jumping | Ball Skills Hands 2 | Ball Skills Feet | Games for Understanding |
| Class 2Y1 and Y2Cycle Blue | Dance | Gymnastics | Locomotion:Running | Locomotion:Jumping (Y1) | Ball SkillsHands (Y1) | Ball SkillsFeet (Y1) | Games for Understanding (Y1) |
| Cycle Orange | Dance | Gymnastics | Locomotion:Dodging | Locomotion:Jumping (Y2) | Ball SkillsHands (Y2) | Ball SkillsFeet (Y2) | Games for Understanding (Y2) |
| Class 3Y3 and Y4Cycle Blue | Dance | Gymnastics | Invasion Games | Net/wall | Invasion Games | Striking and Fielding | Athletics (Y3) | Running (Y3) | Throwing and jumping (Y3) | Competitions(Y3) |
| Cycle Orange | Dance | Gymnastics | Invasion Games | Net/wallGames | Invasion Games | Striking and Fielding | Athletics (Y4) | Running (Y4) | Throwing and jumping (Y4) | Competitions (Y4) |
| Class 4Y5 and Y6Cycle Blue | Dance | Gymnastics | Invasion Games | Net/wallGames | Invasion Games | Striking and Fielding | Throwing and jumping (Y5) | Athletics (Y5) | Competitions (Y5) |
| Cycle Orange | Dance | Gymnastics | Invasion Games | Net/wall Games | Invasion Games | Striking and Fielding | Throwing and jumping (Y6) | Athletics (Y6) | Running (Y6) |